



Project Harmony's Annual 26 Days of Kindness Campaign Starts November 19

#BeSomeone #BeKind

You have probably seen the *26 Days of Kindness* campaign pop up on Twitter or Facebook – a national movement to honor the victims of the Sandy Hook Elementary School shooting. Social media sites describe the acts of Kindness as actions that are directed toward members of the Newton community, as well as to others across the nation and even globally.

Project Harmony has been recognizing 26 Days of Kindness throughout their campus as well as with random acts of kindness in the community. Responding to questions so often heard, “What can I do? I am only one person. How can I help?”

Imagine if everyone could commit to doing one act of kindness for 26 days – communities coming together, pooling their resources and making a difference in the life of a child.

It is fair to be upset, or even angry, when terrible things happen to children. It is fair to wish for an end to senseless violence. But each one of us can move towards resilience and healing by taking positive action and sharing kindness.

As we approach the holiday season, please join Project Harmony in committing to one act of kindness for 26 days (and beyond). Together, we can make a difference and create positive change. You are an important part of the solution.

Ready to show the world that you're someone in the life of a child?

Visit ProjectBeSomeone.org to learn more.

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