



2020 Speaking of Children Conference Agenda

Thursday, April 9, 2020 – Day 1

- 7:30 am – 4:00 pm Registration Open
- 7:30 am – 9:00 am Continental Breakfast
- 8:15 am – 8:30 am Opening Ceremonies and Announcements
- 8:30 am – 9:30 am **Plenary Presentation**

Beyond Survival: How to Combat Compassion Fatigue and Burnout

Speaker(s): Françoise Mathieu, M.Ed., CCC., RP

Bio: Françoise Mathieu is the founder of Compassion Fatigue Solutions, and a sought-after speaker and educator in Canada, the U.S. and around the world. With over 20 years of work in the field of mental health, she brings with her extensive experience as a crisis counselor, and nearly a decade of working with Health Canada's CFMAP (Canadian Forces Member Assistance Program). Françoise is now Co-Executive Director of TEND, a joint venture with Dr. Pat Fisher and divides her time between public speaking engagements and working with organizations looking to train their teams about burnout, compassion fatigue, vicarious trauma, high stress workplaces, self care and helper wellness. Françoise is one of the leaders of Compassion Fatigue and Vicarious Trauma education in Canada. Since 2001, she has given hundreds of seminars on compassion fatigue and self care across the country to over 50,000 helping professionals in the fields of health care, child welfare, the criminal justice sector, social and human services, emergency response, armed forces, education, addiction treatment and the Immigration and Refugee Board. She is the author of *The Compassion Fatigue Workbook*, which was published by Routledge in 2012 as well as the author of several feature articles. Françoise is also the chair of the CARE4YOU Conference, a popular event which brings together leaders in the field, front line workers and compassion fatigue educators for two days of learning, connection and refueling. This event is held in June every year.

Session Type: Plenary

Track: All

Presentation Description: Compassion fatigue can strike the most caring and dedicated nurses, social workers, physicians, victim advocates and personal support workers alike. These changes can affect both their personal and professional lives with symptoms such as difficulty concentrating, intrusive imagery, loss of hope, exhaustion and irritability. It can also lead to

profound shifts in the way helpers view the world and their loved ones. Additionally, helpers may become dispirited and increasingly cynical at work, they may make clinical errors, violate client boundaries, lose a respectful stance towards their clients and contribute to a toxic work environment.

Objectives:

1. Participants will learn how to assess their own level of compassion fatigue.
2. Participants will be able to develop an early warning system for themselves.
3. Participants will learn ways to rebalance their workload to address or reduce compassion fatigue.

9:30 am – 9:45 am Break

9:45 am – 11:15 am **Breakout Sessions**

Suicide Prevention: Instilling Hope and Resiliency

Speaker(s): Julia Hebenstreit, PhD., J.D.

Bio: Julia Hebenstreit has been with The Kim Foundation since December of 2011 and currently serves as the Executive Director. Julia is an active member for the Nebraska Association of Behavioral Health Organizations, Nebraska Suicide Prevention Coalition, Metro Area Suicide Prevention Coalition, Early Childhood Mental Health Coalition, BHECN's Advisory Committee, RESPECT Advisory Committee, and the Connections Advisory Committee.

Session Type: Foundational

Track: Advocacy

Presentation Description: On average, we lose someone to suicide every 13 minutes in our country. Data shows that victims of crime, specifically bullying and child abuse are at a higher risk for suicide than other populations. Suicide is a preventable form of death and a very real public health problem that impacts individuals from a variety of backgrounds and of all ages. It is important for advocates to be aware of risk factors and warning signs of suicide when encountering victims of crime. In this session, you will learn the local and statewide suicide data, risk factors and warning signs of suicide, protective factors, and positive coping strategies for good mental health. You will also learn how to help someone in need and what resources are available.

Objectives:

1. Learners will understand how victims of bullying can lead to suicide.
2. Learn the risk factors and warning signs for suicide victims.
3. Learn protective factors and other ways to ward off suicidal thoughts or actions.
4. Learn local and national resources to help yourself and/or others in need.

The Biology of Trauma: The Impact of Trauma/PTSD on the Brain and Body

Speaker(s): Stuart White, PhD.

Bio: Dr. White is an expert in trauma/PTSD and aggression/Disruptive Behavior Disorders. He earned his doctorate in Applied Developmental Psychology from the University of New Orleans in 2010 and completed his post-doctoral training at the National Institute of Mental Health (NIMH). He joined the Center for Neurobehavioral Research at Boys Town National Research Hospital where he directs the Developmental Clinical Neuroscience Lab, funded by NIMH.

Session Type: Foundational

Track: Medical

Presentation Description: Trauma exposure to victims can have a major influence on human biology. This training will review what is known about trauma and PTSD's impact on the body,

particularly the endocrine system (e.g., cortisol functioning), and the brain, particularly emotion and emotion regulation systems. Moreover, the talk will discuss how the endocrine and brain systems work together during emotion regulation and how this is disrupted for victims of crime and their ability to communicate in trauma/PTSD states. The ripple effect then becomes miscommunication, misunderstanding, misinterpretation and sometimes disbelief by law enforcement. The training will give a non-scientist-friendly overview of the biological systems impacted by trauma-exposure and what happens to these systems following trauma. The symptoms and behaviors associated with trauma-exposure and PTSD will be discussed in terms of changes to endocrine and brain systems. PTSD will be discussed as a normal, adaptive process that has gone wrong, leading to impairment.

Objectives:

1. Define the role of the endocrine system and how it can be disrupted following trauma exposure.
2. Describe how emotion regulation takes place in the brain and how it can be disrupted following trauma exposure for victims.
3. Explain how biological responses to trauma are normal, adaptive processes gone wrong.
4. Skills developed during this presentation aim to enhance communication between the victim of crime and those who respond to them. I.E. law enforcement, prosecutors, advocates.

Case Study: A Predator in Plain Sight

Speaker(s): Colleen Brazil MSW, Amber Kennedy, Shelly Sudmann, Cassandra Salter, Sarah McGinnis, Kristi O'Donnell

Bio: Amber Kennedy is a Detective with the Council Bluffs Police Department and a member of the Iowa Internet Crimes Against Children task force. I have been an Officer with the Council Bluffs Police department for 11 years and was promoted to detective in 2014 and assigned sex abuse and child abuse cases. I became a member of the ICAC task force in 2015 and investigate child pornography, sexual exploitation and trafficking of minors online.

Bio: Shelly Sudmann is a career prosecutor who has worked at the City of Council Bluffs, the Pottawattamie County Attorney Office and as an Assistant United States Attorney. Shelly has over fifteen years of experience prosecuting felony cases. Shelly has handled a multitude of child victim crimes. Shelly works closely with law enforcement and crime victims throughout the criminal process.

Bio: Cassie Salter was hired on the department in October 2011 after graduating with a Bachelor of Science in Criminal Justice and a Minor in Sociology. Cassie then received her Master's Degree in Forensic Science while working in May 2014. Cassie holds the highest level as a Certified Senior Crime Scene Analyst through the International Association for Identification, with over 700 hours of training in the field of crime scene investigation.

Bio: Dave Sullivan has been a Special Agent with the Department of Homeland Security for 27 years.

Bio: Kristi O'Donnell has been working for the Iowa Department of Human Services since 2004. She began her journey as an intern and could not get enough of the complex dynamics that are presented every day through Iowa Department of Human Services and the families they serve. Kristi initially worked long term with families in case management and began doing Child Protective Assessments in 2012. Kristi is a believer in working alongside community partners because it is key to any assessment, which helps identify adequate services and safe planning for children and their families.

Bio: Sarah McGinnis is currently a Human Trafficking Specialist for Catholic Charities Domestic Violence and Sexual Assault Program. Sarah has a Bachelor's Degree in both Biological Sciences and Criminal Justice. Sarah has specialized in domestic and sexual violence/human trafficking and has been an advocate for 8 years. Sarah has been a commissioned law enforcement officer for almost 10 years. Sarah works as a full-time advocate and part-time police officer.

Bio: Colleen Brazil is the Forensic Interview Program Manager at Project Harmony. She has been with Project Harmony since 2015 and supervises forensic interviewers as well as manages the intake process. Before Project Harmony, Brazil was the Clinical Director with Family Connections, Inc. in Council Bluffs from September 2014 – October 2015 and a forensic interviewer at Child's Voice in Sioux Falls, SD from its inception in 1998 until August 2014 when she moved to Omaha. Brazil has interviewed over 6,000 children regarding allegations of abuse or neglect. She has trained child protection workers, law enforcement officers and other multi-disciplinary team members throughout South Dakota. She is frequently called upon to provide consultation to these professionals. In addition, Brazil has mentored other forensic interviewers both at Child's Voice and within South Dakota. She served as an expert witness in Nebraska, South Dakota and Minnesota courts regarding cases of child abuse. She previously worked in private practice with Lutheran Social Services performing child custody evaluations. Brazil has a master's degree in social work from the University of Nebraska at Omaha and she is an adjunct professor in their social work department.

Session Type: Foundational

Track: Law Enforcement

Presentation Description: This presentation will discuss a specific case involving a sexual predator that had many faces in the community: a Douglas County Corrections Sergeant; a supporter of Law Enforcement; a little league coach; a "lifelong friend" and "the house to go to". This is a case study of a very complex case revolving around possession of child pornography, a "hands on victim" and production of child pornography that was prosecuted in both Federal and State court. The case study looks at multiple facets of child pornography and what to do when there are multiple angles of a complex investigation and how to implement services/support to the victims.

Objectives:

1. What to look for in child pornography cases which involve outstanding members of the community.
2. How to effectively work with multiple different criminal justice agencies, when investigating cases that involve child pornography victims.
3. How law enforcement can identify multiple victims in production child pornography cases, highlighting that when there is one, there is more.

Advocating for Vulnerable Children in the Immigration System

Speaker(s): Astrid Munn

Bio: Ms Munn is the Child and Family Managing Attorney at the Immigrant Legal Center in Omaha, NE. She is a native of Scottsbluff, NE. Ms Munn began her career as a journalist before earning her law degree from Washington University in St. Louis, MO. She previously practiced immigration law in the D.C./Baltimore area and personal injury law in western Nebraska.

Session Type: Foundation

Track: Legal

Presentation Description: Undocumented immigrant children are an extremely vulnerable population, especially when they enter foster care, removal proceedings, and/or the juvenile

justice system. It is important that the legal rights of these immigrant children are afforded to them through policy and advocacy efforts. Many immigrant youth in the United States may be eligible to apply for lawful immigration status. Other common forms of relief for children include U visas, (for children who were victims of crimes), relief under the Violence Against Women Act (for children who were abused by a U.S. citizen or permanent resident parent or spouse), and asylum (for children who are afraid of returning to their home country).

Objectives:

1. Participants will learn about the number of immigrant children in the United States.
2. Participants will learn about the unique vulnerabilities experienced by immigrant children.
3. Participants will learn about the different forms of relief for vulnerable immigrant children.

Supporting the Needs of Young Children Affected by Parent Substance Use and the Opioid Epidemic

Speaker(s): Rebecca Vivrette

Bio: Rebecca Vivrette, Ph.D., is an Assistant Professor in the University of Maryland School of Medicine, Division of Child and Adolescent Psychiatry. Dr. Vivrette is a licensed clinical psychologist with expertise in psychological assessment and trauma-focused interventions for children and families. She has been trained in numerous evidence-based practices, including Trauma-Focused Cognitive Behavioral Therapy and Child-Parent Psychotherapy. Dr. Vivrette has extensive experience providing education, training, consultation, and mental health services to community-based agencies and early childcare settings. Dr. Vivrette also has a strong interest in perinatal traumatic stress and substance use. Dr. Vivrette is an accomplished researcher for multiple federally-funded grants, primarily focused on parent-child relationships, early childhood development, and traumatic stress in families. She is an Associate Director of Clinical Research at the Center for Epigenetic Research on Child Health and Brain Development. She is an evaluator for the Family Informed Trauma Treatment (FITT) Center, a Category II Center within the National Child Traumatic Stress Network, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Prior to joining UMSOM, Dr. Vivrette served as a Research Associate for the National Center for Child Traumatic Stress at UCLA, where she helped to manage data analyses and dissemination of research findings from a national dataset of over 14,000 clinic-referred youth. Dr. Vivrette has published in numerous peer-reviewed journals and presents locally and nationally at professional conferences. She is the co-developer of the UCLA PTSD Reaction Index for DSM-5 for Children Age 6 and Younger. In addition to her clinical and research activities, Dr. Vivrette also provides training, education, and clinical supervision for the Division of Child and Adolescent Psychiatry. She serves on the teaching faculty at the Taghi Modarressi Center for Infant Study (CIS) and the Child Trauma Disorders Clinic at the University of Maryland Medical Center, and provides guest lectures and clinical consultation to other UMB departments and community agencies. Dr. Vivrette is the Assessment Co-Coordinator for the VAMHCS/UMB Psychology Internship Consortium. She serves on numerous committees and coalitions aimed at improving the lives of children and families.

Session Type: Foundational

Track: Trauma

Presentation Description: This presentation will review the state of the field for prenatal substance exposure and their families. Current best practices for screening, assessment, and interventions with young children and their families will be reviewed. This presentation will also explore a plan of safe care for the infant born and identified as being affected by illegal substance abuse or withdrawal symptoms and consider what constitutes child abuse or require prosecution for any illegal action. Concern has grown about the increasing number of

pregnant women and children affected by maternal use of methamphetamines and about households in which children are exposed to the dangers of methamphetamine manufacture.

Objectives:

1. Participants will understand the prevalence and outcomes of prenatal substance exposure.
2. Participants will be able to identify best practices for responding to young children with substance exposure histories and their families.
3. Participants will learn about screening, assessment and intervention techniques for children victimized by substance use.

From Mindless to Mindful: Living the Psychology of Possibility

Speaker(s): Jan Waters, Masters of Counseling, LCPC.

Bio: Jan Waters has 20 years of clinical and managerial experience and working with children and adults who have experienced abuse and other types of trauma. She has extensive training and experience working with children and adults who have experienced child sexual abuse and sexual assault. Ms. Waters has presented and offered trainings internationally on topics such as developmental psychotherapy, trauma, autism, and mindfulness.

Session Type: Foundational

Track: Self-Care

Presentation Description: This training will examine ways to actively apply mindfulness in our work and our lives. Understanding how to apply mindfulness as a practice of self-care for those who work day in and day out with victims of crime in crisis. The concept of mindfulness has become popular recently. Many people think of it as sitting quietly and meditating. Ellen Langer has presented a different, more westernized, view of mindfulness. This view helps us to awaken to the many ways in which are mindless in what we do, following learned scripts and mindlessly moving through our lives, including our work. We will learn to use strategies to awaken our bodies and our minds to be more present and more creative and inventive in our lives. We will learn to approach things with the Psychology of Possibility. This will help us have more purpose and intention in our actions, have stronger and deeper relationships, and to solve problems in more creative and meaningful ways.

Objectives:

1. Introduce theory behind mindfulness.
2. Learn and practice mindfulness activities that are beneficial to reduce stress in the workplace
3. Learn and practice activities to awaken our minds to be more present in our relationships and creative in problem solving.

11:30 am – 1:00 pm

Speaking of Children Luncheon Event

“Overcoming Childhood Trauma”

Keynote Speaker: Diana Nyad

Bio: Diana Nyad is an American athlete, journalist, and world record long-distance swimmer. In 2013, at the age of 64, Nyad successfully fulfilled her life-long dream of completing the 110-mile open water swim from Cuba to Florida. A world-class athlete known for her tenacity and strength, Nyad sought refuge in swimming after enduring sexual abuse from the age of 14-17 at the hands of her high school coach. She later became the greatest long-distance swimmer in the world as well as a prominent sports broadcaster, author and motivational speaker. Today, Nyad speaks candidly about her personal experience and the epidemic of child abuse. In sharing her story, she gives a voice to countless others who have suffered in silence and sheds light on the unlimited potential for hope, strength and growth, despite the odds.

Session Type: Plenary

Track: Advocacy

Presentation Description: The message of the luncheon is that education and awareness are key to keeping children safe. Each year, Speaking of Children features a speaker who has been a survivor of abuse or who has worked directly as an advocate for children. The luncheon will focus on Diana's own journey as a survivor of childhood sexual abuse and about the importance of education and awareness as parents, professionals working with children, and members of the community to protect kids.

Objectives:

1. Examine and understand best-practice work for advocates, law enforcement and prosecutors the Dallas Children's Advocacy Center does to support severely abused children.
2. Reflect on how her own experiences of childhood trauma affected her and how the support she gained from the children's advocacy center helped shape her future success.
3. Teach how child advocacy centers extend beyond the boundaries of investigation, prosecution and treatment of child abuse by means of education to the public.

1:15 pm – 2:45 pm

Breakout Sessions:

Repeat of Morning Breakout Sessions

2:45 pm – 3:00 pm

Break

3:00 pm – 4:00 pm

Plenary Presentation

Paraphilias Among Sexual Offenders: The Driving Forces Behind Sexual Victimization

Speaker(s): Darrel Turner, Ph.D.

Bio: Dr. Turner is a clinical and forensic psychologist who specializes in the field of sexual abuse of children and the risk assessment of child molesters and child pornography offenders. He has worked with the Federal Bureau of Prisons, the FBI, NCIS, ICE, and the Department of Homeland Security as a consultant and expert on child sexual abuse and exploitation cases as well as human trafficking cases. He has presented and conducted training across the country and internationally and has published extensively in the field. Dr. Turner has extensive professional experience testifying in court on both the state and federal levels as an expert witness in clinical psychology with a specialty in forensic psychology and sex offending. He is a frequent consultant to various attorneys regarding risk assessment of sexual offenders. Dr. Turner did his pre-doctoral internship with the United States Federal Bureau of Prisons. His rotations included forensic psychology, general psychology, and correctional psychology. He has multiple publications on various topics surrounding sex offenders i.e. "Do scores from risk measures matter to jurors?"; "Do PCL-R scores from state or defense experts best predict future misconduct among civilly committed sex offenders?"; "Attitudes toward coerced confessions: Psychometric properties of new and existing measures" and many others. Dr. Turner is an invited speaker/trainer at numerous locations around the nation. He has presented at the International Crimes Against Children Conference, Dallas TX; he was a guest presenter at the Project Safe Childhood meeting at the U.S. Attorney's Office, Dallas, TX; Dr. Turner was the 2011 Honor Graduate at the Federal Law Enforcement Training Center, Blynco Georgia; he received special honor for Outstanding Research by a Doctoral Student in Psychology Department at Sam Houston State University as well as several other academic honors.

Session Type: Plenary

Track: All

Presentation Description: Paraphilic disorders are diagnoses that indicate a deviant source of sexual arousal in an individual. This presentation will describe various paraphilic disorders to include pedophilia, sadism, masochism, exhibitionism, hebephiliac, and others. Common myths about paraphilic diagnoses will be dispelled, and attendees will leave with a better understanding of what motivates certain sexual offenders. Though the use of decades of combined professional experience and video clips of offenders, Dr. Tuner will discuss interview and interrogation methods that can and cannot be effective with various offender types based on their psychopathology. This understanding will educate the victim advocate on effective ways to approach victims and communicate in a trauma-informed manner.

Objectives:

1. Participants will be able to understand the nature of paraphilic disorders.
2. Participants will be able to differentiate between various paraphilias.
3. Participants will be able to understand how sexual offenders initiate contact with victims with the intent to offend.

Friday, April 10, 2020 – Day 2

7:30 am – 4:15 pm	Registration Open
7:30 am – 8:30 am	Continental Breakfast
8:30 am – 9:30 am	Plenary Presentation

And Wellness For All

Speaker(s): Karen Vadino, MSW, LPCC, OCPSII

Bio: Karen Vadino is a Motivational Speaker, Humorist, Trainer and Consultant. In her thirty-plus years as a human service professional, most of Karen's experience has been in the field of chemical dependency, both as a licensed clinician and as a certified prevention specialist. She has considerable experience working with children and families, having served as a clinician and supervisor in Children's Services group homes and a Children's Psychiatric Hospital. Karen also has been a part-time instructor in Social Work, Sociology, Juvenile Justice and Human Development at Youngstown State University, Penn State University and Westminster College. Karen draws from her extensive and varied experience to form the foundation of her unique and distinctively humorous approach to life and work. For the past twenty years, she has been a nationally recognized speaker and trainer sharing her inimitable insights with thousands of people – adults and youth – each year. Karen has been described as "one of those rare people who can make you laugh and cry in the same moment". Regardless of the topic, Karen's workshops and presentations are humorous in nature, reflecting her own insightful approach to dealing with life's daily challenges. She is well known for her "Vadinoan Theories", including her exhortation to "release your dolphins" and her firm belief that we should never wait until we are entirely happy before we laugh. Karen is working on finishing a book or two, including a compilation of her original workshop materials and activities.

Session Type: Plenary

Track: All

Presentation Description: Wellness is not merely the absence of illness. It is a state of complete well-being. It includes the ability to manage one's affairs, satisfy needs, maintain positive relationships and change or cope with one's environment. It is the integration of the dimensions of wellness and the balance among them. It is not our choices and individual motivation alone

that determine our level of well-being. Our health and wellness are also impacted by a broad range of social, economic and behavioral factors. This workshop will explore the idea that achieving individual wellness not only helps subdue stress, reduce the risk of illness and increase the chances for positive interactions, but also enables individuals to positively impact their environments.

Objectives:

1. Participants will be able to name the eight dimensions of wellness.
2. Participants will be able to recognize social determinants of health.
3. Participants will be able to understand the connection between maintaining individual health to improving their environments.
4. Participants will discover some proactive methods for achieving and maintaining wellness.

9:30 am – 9:45 am Break

9:45 am – 11:15 am **Advanced and Foundational Breakout (Morning)**

Saving Our Boys to Save Our Girls

Speaker(s): Stefania Agliano, LMSW. Bryan Hall

Bio: Stefania M. Agliano, LMSW received her graduate degree at Fordham University and has worked in child welfare services and child protection for over twenty-five years. She is currently a Clinical Assistant Professor of Social Work at Sacred Heart University. Ms. Agliano has been a contributing member of efforts to eradicate trafficking on the local and national level.

Bio: Bryan Hall II, LCSW received his graduate degree from the University of Connecticut School of Social Work and has worked in child welfare and adult probation services in excess of seventeen years. Mr. Hall's clinical background consists of treating adolescents with persistent legal issues and/or mental health disorders. Mr. Hall has been instrumental in the development and facilitation of prevention programming designed for adolescents.

Session Type: Foundational

Track: Advocacy

Presentation Description: Many of the discussions, prevention/intervention programming, as well as front line assessments are designed to target either the victim (survivor) of sex trafficking or the buyer by addressing demand through legal interventions or educational programming. The missing component in the fight to eradicate victims of trafficking is a lack of dialogue on services for the potential trafficker. While females can be and are traffickers, this workshop is specifically focused on male perpetrators. Workshop participants will be given an overview on the importance of working with young men and boys and insights into the struggle those who become involved in the crime of trafficking may face, including but not limited to, the mass marketing of hyper-masculinity, socioeconomic inequalities and institutionalized oppression. This workshop will allow participants to critically reflect further on how they assess trafficking cases potentially providing a new means of intervention and victim services to explore. By discussing the trafficker as someone needing services in addition to victims and buyers we position ourselves on the national level to make systemic changes for young men and boys to enhance their well-being while potentially eliminating the market facilitator, the trafficker, the pimp. We firmly believe that by helping our young men and boys to build a healthier sense of self we can potentially save our young women and girls from being victims of exploitation, trafficking and other forms of violence.

Objectives:

1. Identify the complexities youth face that may lead them to trafficking.

2. Articulate the impact that mass media has on young men, their development of the idea of masculinity and its correlation to exploiting victims for trafficking related behaviors.
3. List the techniques that could be used to connect with youth who are caught up in the crime of human trafficking, either as a victim or a perpetrator.

Plan of Safe Care: Collaborating to Support Infants with Prenatal Substance Exposure

Speaker(s): Jill Gresham

Bio: Ms. Gresham is the Senior Program Associate at Children and Family Futures out of Seattle Washington. Through the National Center on Substance Abuse and Child Welfare, she works as an advisor and technical consultant to states, counties, tribes, and regions across the country on issues related to substance abuse, child welfare and the courts. Ms. Gresham provides various levels of technical assistance.

Session Type: Advanced

Track: Advocacy

Presentation Description: Recent federal legislation has been put in place to address the epidemic of children pre-exposed to drugs before birth. The goal of the federal legislation and subsequent state policies are to support the health of the infant, mother, and family. In 2016, Congress passed the Comprehensive Addiction and Recovery Act (CARA) that aims to help states address the effects of substance use disorders on infant victims and families by amending provisions of the Child Abuse Prevention and Treatment Act (CAPTA). CARA requires states to define what population of infants and families are identified as “substance affected” victims, what a Plan of Safe Care is, and who is responsible for developing and monitoring the Plan of Safe Care.

Objectives:

1. To include infants, children and family victims in the Plans of Safe Care.
2. To support the health of the infant and mother, not to penalize the mother and family.
3. To increase access to treatment and support for all women with a substance use disorder and to protect their children.

Perinatal PTSD: Existing Evidence, Clinical Recommendations, Implications

Speaker(s): Rebecca Vivrette

Bio: Rebecca Vivrette, Ph.D., is an Assistant Professor in the University of Maryland School of Medicine, Division of Child and Adolescent Psychiatry. Dr. Vivrette is a licensed clinical psychologist with expertise in psychological assessment and trauma-focused interventions for children and families. She has been trained in numerous evidence-based practices, including Trauma-Focused Cognitive Behavioral Therapy and Child-Parent Psychotherapy. Dr. Vivrette has extensive experience providing education, training, consultation, and mental health services to community-based agencies and early childcare settings. Dr. Vivrette also has a strong interest in perinatal traumatic stress and substance use. Dr. Vivrette is an accomplished researcher for multiple federally-funded grants, primarily focused on parent-child relationships, early childhood development, and traumatic stress in families. She is an Associate Director of Clinical Research at the Center for Epigenetic Research on Child Health and Brain Development. She is an evaluator for the Family Informed Trauma Treatment (FITT) Center, a Category II Center within the National Child Traumatic Stress Network, funded by the Substance Abuse and Mental Health Services Administration (SAMHSA). Prior to joining UMSOM, Dr. Vivrette served as a Research Associate for the National Center for Child Traumatic Stress at UCLA, where she helped to manage data analyses and dissemination of

research findings from a national dataset of over 14,000 clinic-referred youth. Dr. Vivrette has published in numerous peer-reviewed journals and presents locally and nationally at professional conferences. She is the co-developer of the UCLA PTSD Reaction Index for DSM-5 for Children Age 6 and Younger. In addition to her clinical and research activities, Dr. Vivrette also provides training, education, and clinical supervision for the Division of Child and Adolescent Psychiatry. She serves on the teaching faculty at the Taghi Modarressi Center for Infant Study (CIS) and the Child Trauma Disorders Clinic at the University of Maryland Medical Center, and provides guest lectures and clinical consultation to other UMB departments and community agencies. Dr. Vivrette is the Assessment Co-Coordinator for the VAMHCS/UMB Psychology Internship Consortium. She serves on numerous committees and coalitions aimed at improving the lives of children and families.

Session Type: Foundational

Track: Medical

Presentation Description: This presentation will provide an overview of Post-traumatic Stress Disorder and trauma-related concerns for women during the perinatal period. Perinatal depression and PTSD are serious mental health problems which can lead to not only harm to the mother but also to the newborn child and/or other children in the household. There is a need to focus on perinatal mental health to include childhood maltreatment trauma. There is little research on parent-to-child transmission of abuse. Prevalence and scope of the problem, as well as empirically informed approaches for screening, assessment, and intervention for mothers, infants, and families affected by perinatal PTSD will be reviewed.

Objectives:

1. Participants will learn how to define the signs and symptoms of prenatal PTSD.
2. Participants will be able to identify risk and protective factors for women and families affected by perinatal PTSD.
3. Participants will learn best practices in screening, assessment, and intervention for perinatal PTSD.

Effects of Racism on Child and Adolescent Development

Speaker(s): Maria Trent

Bio: Dr. Trent is a pediatrician and adolescent medicine specialist on the faculty of the Johns Hopkins University Schools of Medicine, Nursing, and Public Health who has been consistently ranked by her peers as a 'top doc' in the greater Baltimore Metropolitan area. She is an independent scientist that serves as the principal or key investigator multiple research projects funded by the National Institutes of Health (NIH) and other funding agencies. A major focus of Dr. Trent's research and clinical interest has been on reducing adolescent and young adult sexual and reproductive health disparities. She is also committed to producing the next generation of adolescent health scientists and directs the NIH-funded Adolescent Reproductive Health Training Program within Johns Hopkins Medicine. She is a sought-after speaker and the author of scientific research articles, editorials, book chapters, and patient-directed media materials in the field of adolescent health. She has been recognized for her work by medical associations and the lay press and has subsequently emerged as an important voice in the field of adolescent sexual and reproductive health. She currently serves as the Chair of the Section on Adolescent Health for the American Academy of Pediatrics and President-elect for the Society for Adolescent Health and Medicine.

Session Type: Advanced

Track: Medical

Presentation Description: The American Academy of Pediatrics is committed to addressing the factors that affect child and adolescent health with a focus on issues that may leave some children

more vulnerable than others. Racism is a social determinant of health that has a profound impact on the health status of children, adolescents, emerging adults, and their families. Racism supports the ideology that some races are superior over others which leads to hate crimes. Although progress has been made toward racial equality and equity, the evidence to support the continued negative impact of racism on health and well-being through implicit and explicit biases, institutional structures, and interpersonal relationships is clear. The objective of this policy statement is to provide an evidence-based document focused on the role of racism in child and adolescent development and health outcomes. By acknowledging the role of racism in child and adolescent health, pediatricians and other pediatric health professionals will be able to proactively engage in strategies to optimize clinical care, workforce development, professional education, systems engagement, and research in a manner designed to reduce the health effects of structural, personally mediated, and internalized racism and improve the health and well-being of all children, adolescents, emerging adults, and their families.

Objectives:

1. Professionals will be able to proactively engage in strategies that optimize clinical care, workforce development, professional education, systems engagement and research for racially discriminated victims.
2. Reduce health effects of structural, personally mediated and internalized racism against those of low-income, racial bias and criminal history.
3. Improve the health and well-being of all children, adolescents, emerging adults and their families, regardless of race.

The Interrogation of Shaken-Baby Suspects

Speaker(s): Mike Krapfl and Jon Turbett

Bio: Mike Krapfl is a Special Agent in Charge in the Major Crimes Unit with the Iowa Division of Criminal Investigation, where he oversees agents working homicides, robberies, officer-involved shootings, and other felony offenses. Mike served as an Agent in the Major Crimes Unit for 14 years and previously worked as a patrol officer and investigator for eight years with a municipal police department. Mike is a member of the International Law Enforcement Educators and Trainers Association and presents at state and national law enforcement conferences.

Bio: After graduating from the University Of Iowa College Of Law, Jon Turbett began his law enforcement career as a Special Agent with the Iowa Division of Criminal Investigation assigned to the Gaming Unit. After five years, he was reassigned to the Major Crimes Unit, where he has worked since 2005. Jon currently investigates a significant number of felony level offenses, including homicides, human trafficking, fraud, and sex crimes. He has presented at the International Law Enforcement Educators and Trainers Association Conference, the Midwest Gang Investigators Conference, and the Conference on Crimes against Women. Jon oversees the legal component of The CTK Group's Interview and Interrogation courses.

Session Type: Foundational

Track: Law Enforcement

Presentation Description: Cases involving child abuse and shaken-baby allegations test the skill set of even the most seasoned investigators. With limited physical evidence and often times no eyewitnesses, these cases are highly dependent on the quality of the interview and interrogation of the suspect. The CTK Group will examine critical legal, interview and interrogation components in two different shaken-baby cases, in two different states, to provide a national perspective on current best practices to elicit the truth in cases where the victims are unable to speak for themselves.

Objectives:

1. Identify challenges in shaken-baby cases for investigators and working with victims who are unable to speak.
2. Discuss deficiencies with current interview & interrogation practices for prosecutors and law enforcement.
3. Establish a more accurate and memorable understanding of critical legal concepts surrounding Miranda custody and voluntariness.
4. Analyze actual cases and determine where better interview & interrogation practices can lead to progress (even when physical evidence is weak from the victim.)

Detecting Patterns of Deception**Speaker(s):** Darrell Turner, PhD.

Bio: Dr. Turner is a clinical and forensic psychologist who specializes in the field of sexual abuse of children and the risk assessment of child molesters and child pornography offenders. He has worked with the Federal Bureau of Prisons, the FBI, NCIS, ICE, and the Department of Homeland Security as a consultant and expert on child sexual abuse and exploitation cases as well as human trafficking cases. He has presented and conducted training across the country and internationally and has published extensively in the field. Dr. Turner has extensive professional experience testifying in court on both the state and federal levels as an expert witness in clinical psychology with a specialty in forensic psychology and sex offending. He is a frequent consultant to various attorneys regarding risk assessment of sexual offenders. Dr. Turner did his pre-doctoral internship with the United States Federal Bureau of Prisons. His rotations included forensic psychology, general psychology, and correctional psychology. He has multiple publications on various topics surrounding sex offenders i.e. "Do scores from risk measures matter to jurors?"; "Do PCL-R scores from state or defense experts best predict future misconduct among civilly committed sex offenders?"; "Attitudes toward coerced confessions: Psychometric properties of new and existing measures" and many others. Dr. Turner is an invited speaker/trainer at numerous locations around the nation. He has presented at the International Crimes Against Children Conference, Dallas TX; he was a guest presenter at the Project Safe Childhood meeting at the U.S. Attorney's Office, Dallas, TX; Dr. Turner was the 2011 Honor Graduate at the Federal Law Enforcement Training Center, Blynco Georgia; he received special honor for Outstanding Research by a Doctoral Student in Psychology Department at Sam Houston State University as well as several other academic honors.

Session Type: Advanced**Track:** Law Enforcement

Presentation Description: Dr. Turner will present on the process of grooming conducted by sex offenders, it's effects on the victim and the struggles of decision making surrounding reporting. Attendees will leave with a fuller understanding of grooming and it's impact. This is a 'must see' presentation for anyone who works with victims of sexual predators.

Objectives:

1. Participants will be able to identify elements of the grooming process.
2. Participants will learn about the impact of the grooming on the victim.
3. Participants will learn about the complexity of the report/don't report matrix that the victim is faced with.

All We Have is the 10 Year Old's Story?

Speaker(s): Colleen Brazil MSW, Molly Keane J.D.

Bio: Colleen Brazil is the Forensic Interview Program Manager at Project Harmony. She has been with Project Harmony since 2015 and supervises forensic interviewers as well as manages the intake process. Before Project Harmony, Brazil was the Clinical Director with Family Connections, Inc. in Council Bluffs from September 2014 – October 2015 and a forensic interviewer at Child's Voice in Sioux Falls, SD from its inception in 1998 until August 2014 when she moved to Omaha. Brazil has interviewed over 6,000 children regarding allegations of abuse or neglect. She has trained child protection workers, law enforcement officers and other multi-disciplinary team members throughout South Dakota. She is frequently called upon to provide consultation to these professionals. In addition, Brazil has mentored other forensic interviewers both at Child's Voice and within South Dakota. She served as an expert witness in Nebraska, South Dakota and Minnesota courts regarding cases of child abuse. She previously worked in private practice with Lutheran Social Services performing child custody evaluations. Brazil has a master's degree in social work from the University of Nebraska at Omaha and she is an adjunct professor in their social work department.

Bio: Molly Keane has been a Deputy Douglas County Attorney since January 2005. Ms. Keane did her undergraduate studies at the University of Nebraska-Lincoln where she studied mathematics and psychology, earning her Bachelor's Degree in 1998. After that, she attended Boston College Law School receiving her Juris Doctor. Upon graduation, Ms. Keane worked in the Middlesex County District Attorney's Office in Massachusetts as a criminal prosecutor from 2001 to December 2004. In 2005, she joined the Douglas County Attorney's Office Criminal Division. Since 2012, Ms. Keane has led a team of attorneys who specialize in the prosecution of felony crimes of sexual assault and both physical and sexual abuse of children. Within this unit, the team handles all felony sex crimes including but not limited to sexual assaults of adults and children, human trafficking, child pornography, and child enticement. The team also prosecutes all felony crimes involving physical abuse of children including child abuse resulting in serious bodily injury or death. Since October 2018, Ms. Keane has also been a Team Leader in the Douglas County Attorney's Office supervising a team of attorneys in the prosecution of all types of felony offenses. In addition, Ms. Keane is a member of the Douglas County Investigative Team, the Douglas County Sexual Assault Response Team, the Nebraska Child and Maternal Death Review Team, and is on the Board of Directors of the Nebraska County Attorneys Association. In 2017, she was honored to receive the Kids First Award at the Project Harmony Speaking of Children Conference.

Session Type: Foundational

Track: Legal

Presentation Description: This presentation will walk through the case of a child sexual abuse victim, from initial investigation through prosecution outlining how to build collaboration in the case between all responding entities, I.E. advocates, law enforcement, prosecutors as well as deal with potential pitfalls in the investigation. The training will also address how to present the case to the jury and deal with potential defense attacks.

Objectives:

1. Participants will learn how to corroborate resources, information and discovery materials on a case of child sexual abuse in a manner that does not further harm the victim.
2. Participants will understand some of the common pitfalls in these investigations when there is no corroboration between advocates, investigators and prosecutors.
3. Participants will learn how to prosecute and testify on these cases especially when the only evidence is the child's statement.

4. Participants will learn how to deal with defense experts in court from the prosecution standpoint or as a rebuttal witness.

Corroboration of Evidence: The Key to child Exploitation Cases

Speaker(s): Justin Fitzsimmons

Bio: Mr. Justin Fitzsimmons is a Program Manager in the High-Tech Crime Training Services (HTCTS) department of SEARCH, The National Consortium for Justice Information and Statistics. He helps coordinate training with law enforcement agencies, prepares budgets, oversees the HTCTS project staff, and develops high-tech crime training projects for justice, public safety, and homeland security agencies nationwide. He also conducts legal, policy, and regulatory research, prepares white papers, and provides assistance and instructional services to justice, public safety, and homeland security agencies, particularly in digital evidence recovery, investigation, and prosecution. Mr. Fitzsimmons is conducting a national research effort to determine the current capabilities of law enforcement to investigate crimes with digital evidence and make recommendations to decision-makers about resources to assist law enforcement. He also presents at conferences and trainings, participates on advisory committees and task forces, and supports agencies and jurisdictions as they create and implement effective procedures, practices, and technology applications that seek to combat high-tech crime and recover digital evidence. Before joining SEARCH in 2012, Mr. Fitzsimmons worked for the National District Attorneys Association, where he was Senior Attorney for its National Center for Prosecution of Child Abuse beginning in 2009. He responded to requests for assistance in child sexual exploitation cases from prosecutors and law enforcement around the United States, designed and presented training seminars, and published articles on emerging technological issues in child sexual exploitation. From 1998–2009, he was an assistant state’s attorney (ASA) in the State’s Attorney’s Offices for Kane and DuPage Counties, Illinois, where he prosecuted cases involving sexual exploitation and digital evidence. As an ASA for Kane County, he supervised the Special Prosecution Unit, responsible for investigating and prosecuting felony cases, including Internet crimes against children. He was also assigned to a Child Advocacy Center team that investigated and prosecuted cases of severe physical and sexual abuse against children, crimes of Internet solicitation of children, and child pornography. As an ASA for DuPage County, he worked in the Criminal Prosecutions Bureau and the Felony Domestic Violence Unit. Mr. Fitzsimmons frequently presents and teaches at international, national, and regional conferences, workshops, webinars, and training courses on digital evidence collection, computer forensics, and crimes against children, cybercrime, and human trafficking. He has published articles on digital evidence authentication, computer forensics for prosecutors, child sexual exploitation, and more. In addition, he has drafted legislation that was signed into law in Illinois on several technology-facilitated child sexual exploitation issues from 2006–08. Mr. Fitzsimmons was a member of the U.S. Department of Justice (DOJ) National Strategy Working Group on Child Exploitation and co-chaired its Training Subcommittee. He also participated in the DOJ Office for Victims of Crime Working Group on Restitution for Victims of Child Pornography, the FBI Innocence Lost Working Group, and the Internet Child Exploitation Task Force. He has served as faculty of the National Children’s Advocacy Center, Huntsville, Alabama, and for the North-East Metropolitan Regional Training Center, Police Training, Aurora, Illinois. Mr. Fitzsimmons is a graduate of the Illinois Institute of Technology’s Chicago-Kent College of Law, and earned a bachelor’s degree from Wittenberg University in Ohio.

Session Type: Advanced

Track: Legal

Presentation Description: Supporting a child's disclosure through corroborative evidence is essential in child abuse investigations and prosecutions. This presentation covers the potential areas to discover corroborative evidence, and explains the importance of technology based corroboration. The audience is shown detailed examples of how statements made during the disclosure leads to corroborative evidence.

Objectives:

1. This presentation will teach investigators and crime scene technicians how to handle and collect evidence against those involved in child abuse investigations.
2. Teach best practices to child advocacy workers on what to listen for when children disclose evidence against those accused in child abuse investigations.
3. Participants will learn the importance of technology based corroboration between agencies from the beginning of the investigation, up in to trial of the accused individual.

Mothering, Courage and Resiliency in Women with Histories of Childhood Sexual Abuse: Protecting the Next Generation

Speaker(s): Teresa Gil Ph.D.

Bio: Ms. Gill has a Ph.D. in Social Work from the State University of New York at Albany. For over twenty-five years, I have been a psychotherapist, professor, and trainer. I have private practice working with women, children, and families dealing with addictions and recovery from child abuse and trauma. I am full professor and teach courses in psychology.

Session Type: Foundational

Track: Trauma

Presentation Description: The workshop will name and examine the risk and protective factors that mothers who have experienced child sexual abuse had to overcome in order and protect their children from the abuse they experienced. The workshop will examine the social and emotional challenges faced by this particular group of mothers. However, the workshop will also focus on the protective factors in their lives of these mothers that help them to "defy the odds" and give their children something positive and significantly different from what they experienced as children.

Objectives:

1. This workshop will increase participants understanding of the long-term intergenerational impact of child sexual abuse on mothering abilities and help prevent the consequences of trauma on the next generation.
2. This workshop will name and examine the protective factors that have helped successful mothers to overcome their negative childhood experiences, and protect their children from the abuse they experienced.
3. This workshop will examine how child sexual abuse can impact the survivor's role as mother and will provide useful knowledge for gaining an understanding of family dynamics and parental patterns of child sexual abuse survivors.
4. This workshop will delve deeper into their lives of mothers with histories of child sexual abuse and explore the risks and the protective factors that helped them be competent, strong, and resilient.

Serving Expectant & Parenting Foster Youth: Collaboration to Reduce Intergenerational Cycle

Speaker(s): Barbara Facher, Kristine Grush, Hipolito Mendez

Bio: Barbara Facher is a social worker at the Alliance for Children's Rights. Ms. Facher works on issues specific to pregnant and parenting teens living in foster care and collaborates with public and private agencies to improve and expand services for this population; she co-chairs the Inter-Agency Council on Child Abuse and Neglect (ICAN) Task Force on Pregnant and Parenting Teens. She also focuses on health care issues for children in foster care to ensure youth have access to health and mental health care and other critical supports and services. Prior to joining the Alliance for Children's Rights in 2001, Ms. Facher worked as a medical social worker. She previously served as the California Director of Human SERVE, a national voter registration and education organization focused on expanding voter participation among low income and minority populations. Ms. Facher has a B.A. in History from the University of California, Berkeley, and received a Masters of Social Work from San Francisco State University School of Social Work.

Bio: Hipolito Mendez has worked for the Los Angeles County Department of Children and Family Services (DCFS) for the last 12 years. He began his career with DCFS as a Children's Social Worker Trainee. He received his Bachelor of Arts in Psychology from the University of California, Los Angeles. With the assistance of DCFS and the CalSWEC Program he received his Masters of Social Work from Cal State University, Long Beach. He has worked as a case carrying Children's Social Worker, a Dependency Investigator, and a Supervising Children Social Worker. He currently facilitates the Pregnant and Parenting Teen Conferences for DCFS.

Bio: Kristine Grush is a Licensed Marriage and Family Therapist in the greater Los Angeles area of California.

Session Type: Advanced

Track: Trauma

Presentation Description: Teen pregnancy overall has decreased. However, by age 19, 52% of youth living in foster care have been pregnant, as compared to 20.1% in the general population. A comprehensive study in California revealed that children born to foster youth are 3 times more likely to have a substantiated report of maltreatment by age 5 than children born to same age youth in the general population. Thus, ensuring that young parents in foster care have the support and services they need to parent successfully, complete their education and transition to independence is crucial to stopping the inter-generational cycle of foster care. The workshop will first examine the structural and psycho-social reasons for the high rate of pregnancy among foster youth, as well as the unique issues and need of the population. We will focus on the development and implementation of a collaborative approach in Los Angeles County between the child welfare agency and child advocates to best serve Expectant and Parenting Youth (EPY), and the successes and challenges of the program. The panel will include representatives from the Alliance for Children's Rights, and the Los Angeles County Department of Children and Family Services (DCFS).

Objectives:

1. Participants will understand some of the reasons for the high rate of pregnancy among youth living in foster care.
2. Participants will learn about an innovative collaboration between the child welfare agency and advocates in Los Angeles to support Expectant and Parenting Youth (EPY) in foster care.
3. Participants will be able to list several services and resources available to EPY.

Expressive Arts for the Helping Professional

Speaker(s): Betsy Funk, LCSW, LIMHP, MPA, REAT

Bio: Betsy is a clinical social worker and Licensed Independent Mental Health Practitioner in private practice and co-founder of Omaha Therapy and Arts Collaborative. She has been practicing as a social worker in the community for over 20 years and has worked with various agencies including Goodwill Industries, Phoenix House Domestic Violence Shelter, Nebraska Health and Human Services, and Lutheran Family Services. Currently, she works with people coping with challenges of all kinds with a specialty in trauma and abuse related issues. She has specialized training in Trauma-Focused Cognitive Behavioral Therapy, Child Parent Psychotherapy as well as Expressive Arts Therapy. Her passion involves bringing the arts into treatment in a way that promotes healing and resiliency. She is the developer of the “GREAT” Teen and Kids Groups, which are Expressive Arts therapy groups she facilitates in the OTAC studio and in area elementary and middle schools. Additionally, she provides consultation and presentations on the use of the arts as a method of self-care.

Session Type: Foundational

Track: Self-Care

Presentation Description: Participants will be invited into an engaging discussion and activity involving the use of the Expressive Arts as a method of self-care.

Objectives:

1. Learn at least one new creative technique to process own feelings and thoughts regarding work related stress.
2. Understand the purpose of the creative arts as a self-care tool for healing and stress relief.
3. Identify how the arts experience can be utilized when working with victims of crime, especially children.

11:15 am – 1:00 pm	Lunch (<i>on your own</i>)
1:00 pm – 2:30 pm	Foundational Breakout Session (Afternoon) <i>Repeat of Morning Breakout Sessions</i>
1:00 pm – 2:30 pm	Advanced Breakout Session (Afternoon) <i>Repeat of Morning Breakout Sessions</i>
2:30 pm – 2:45 pm	Break
2:45 pm – 3:45 pm	Plenary Presentation

Speaking to People with Purpose

Speaker(s): Thom Singer

Bio: Thom Singer is an experienced speaker, podcast host, and the author of 12 books.

Session Type: Plenary

Track: Plenary

Presentation Description: There is more to connecting with people than “likes”, “links”, and shares” or “follows. While the popular social media tools can make it seem like we have countless friends and business associates, it is real human engagement that leads to opportunity. It takes objective analysis and intentional evaluation to get back to the basics of establishing connections that will lead to more success in business and life. In each interaction

with others we need to be aware of our purpose in that exact conversation. Real human connection makes the difference. Building a rapport with victims of crime for advocates is paramount in understanding and identifying the needs of the victim. Being present and developing mutual connection and rapport builds a sense of safety around a victim of crime.

Objectives:

1. The importance of being present in each conversation as an advocate, prosecutor and law enforcement.
2. Discover intentional ways to relate to people.
3. Rapport building techniques when communicating with victims of crime.